



**Chef and proprietor of Tita Flips Catering  
and Kanto by Tita Flips Diona Joyce**

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## Tita Flips Catering

[www.titaflips.com](http://www.titaflips.com)

[www.facebook.com/titaflipsTO](http://www.facebook.com/titaflipsTO)

Twitter @titaflips

Instagram @titaflips

## Kanto by Tita Flips (Food Stall at Market 707)

[kanto.ca](http://kanto.ca)

[www.facebook.com/kanto.ca/](http://www.facebook.com/kanto.ca/)

Twitter @titaflips

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